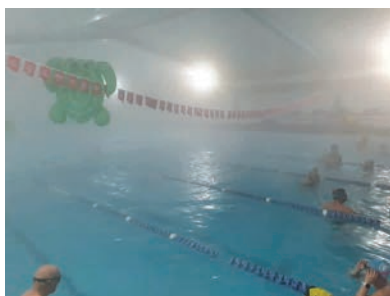


PRESIDENT'S PROSE – June, 2021

I am writing these prose during the latest lockdown and hoping, like everyone else, that we can get back to the new normal very soon. Some of us were lucky enough to get in a last swim on Monday club night. Our wonderful pizza evening had to be cancelled, but there was always the takeaway option!

The highlight of June was the Winter Solstice Challenge against Hervey Bay Humpbacks in Queensland. The usual fun sledging messages were exchanged between me and their organisers, Terry and Paula Hewett, leading up to the challenge. The Humpbacks completed their swim a week before us but kept their results under wraps so we didn't know what distance we had to chase. Our evening was a great deal of fun and with nearly four full teams (missing one freestyler) we sprinted through the thirty minutes, counting each 50m lap and our total tally across the four disciplines was 7.3 kms! A great effort but not good enough to match the 7.9kms achieved by the Humpbacks. Terry did divulge that they have had an influx of young, fast new members. Bring on next year!! We all enjoyed pizzas and a chat after the event.



It all got a little 'misty' as the half hour wore on.

It was hard to see the end of the pool and know where the swimmer was !!

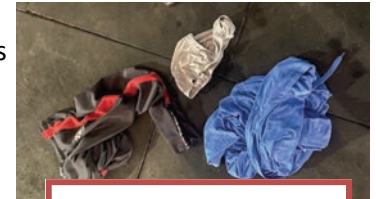


Everyone agreed that events like the Solstice swim are great fun, especially in the winter when some of us need a little incentive to get out of our nice warm homes. The month of July will give us a chance to participate in another fun event with the proposed Olympics to be held on Monday 19th. Make sure you are available to represent a country – possibly in synchronized swimming!



We had two swimmers, Tom Love, and Ian Stewart, who competed in the LiveLighter 400/800 event conducted by Riverton Masters on the 20th June. . Tom had recently been out of training due to a torn muscle, he managed an 800m breaststroke getting a new club record for his age group. Ian also swam and gained a new club record in his age group for 800 metres backstroke. Lynne was on hand as an official and to give them both encouragement.

The Saturday Endurance swims are continuing every week with mixed attendances. Greg has earned himself a Flipper Award following his failed effort to pull the covers over at the DRSC pool. There is a certain order in which the covers need to be placed but, despite advice from his Dad, Greg carried on regardless and, of course, there was a certain amount of disorder! Greg (who had already showered and changed) had to strip off and get in the water to sort out the chaos! Russell did not gloat.....



Greg had to strip off

Lynne is currently working as the technical officer with the organising committee for the swimming component of the National Masters Games in October. Apparently, there are not many entrants in the swimming to date and the discounted fees expire on 31st July. The club made a decision at the AGM to subsidise the \$75 entry fee per swimmer, however you still need to pay the overall registration fee and the individual swim entries.

Some of you may have seen the article in The Echo concerning the situation with the retention of the Kalamunda Water Park and the upgrading of the existing 50m outdoor pool. On the long weekend I was alerted to a situation involving the future of the complex. There was a Council meeting on the Tuesday evening at which the City of Kalamunda was discussing the building of a new Leisure and Aquatic Centre near the site of the Forrestfield/High Wycombe airport link train station. Whilst this is a great initiative and is needed for the residents in those suburbs, it will be a long-term project which will be built in several stages over the next 5-20 years. The future of the Kalamunda pool is in limbo.

Basically, it appears that the City is not averse to providing the residents in the suburbs up the hill with a revamped pool in the current position. The decision as to it being an outdoor seasonal (1 Oct to April 30) 50m heated pool and an indoor 25m all year-round pool is still under discussion. Ideally, I would like an all year around outdoor heated pool with heated showers but an extended season outdoor pool will be better than nothing and a great start! The City will be up-loading a survey onto their website and residents have 90 days in which to react. We need to be pro-active and get all our friends not just in Kalamunda, to complete the survey, when the City uploads it to their website. I have heard from many people across the metropolitan area who regularly come up to the hills to use the Water Park so we need to get the message out to a larger demographic than just the suburbs of the City of Kalamunda.

Thank you to the group of swimmers who were able to meet at the pool at such short notice on a very cold afternoon for a photo shoot. I did appreciate your involvement. It was terrific to see Glad McGough there and to hear an update on her current physical situation. Glad has suffered periodically from cellulitis in her legs for a few years and her medication was not helping her recovery. She has recently been prescribed new tablets which are helping with her condition. Despite her disappointment at not being able to swim at the pool she has not lost her sense of humour and is confident she will be back in time to compete at the National Masters in October.



Keep warm and safe and I look forward to seeing you in the pool for the Stubby Stakes on Monday!

FROM THE HILL.....ANDREA.

CLUB NIGHT PROGRAM FOR JULY 2021

5TH JULY	50 FREESTYLE	STUBBY STAKES	100 BACKSTROKE
12TH JULY	200 IM		25 BREASTSTROKE
19TH JULY	PROPOSED OLYMPIC NIGHT		
26TH JULY	100 BREASTSTROKE		50 FLY
2ND AUGUST	25 BACKSTROKE	STUBBY STAKES	100 IM

JUNE STUBBY STAKES WINNER

Andrea Williams swam closest to her nominated time for our 50 Metres Backstroke Stubby Stakes on Monday, 14th June, a very late in the month stubby stakes.

Come down to the pool on Monday 5th July your chance win the bottle of wine has been selected for you by Russel and swim closest to your nominated time for 50m Freestyle. Andrea is hoping to win again as she really enjoyed her prize!

Monday Stubby Stakes night is a night to catch up with other club members and to check out how well you know your swimming time, or even see if you have improved! No need to bring a plate this week as we can't adhere to the 4 sqm rule.



HAPPY BIRTHDAY IN JULY TO

BARBARA LYMN 16TH; DAVID MASTERS 21ST AND LESLEY HART 29TH



THE RECORD BREAKERS

This [link](#) will take you to the Results and Records on the Maida Vale Masters website where you can find all club records and results. Check the link to see whose records you could break in 2021.

Challenge yourself ! You could be in a new age group this year— there's always a good chance achieving a club record when you move into a new age group!!

Club Records June 2021

Name	Age Group	Course	Event	Time
Ian Stewart	85-89	Long	800m Backstroke	23.30.39
Marilyn Potter	75-79	Short	400m Backstroke	11.33.59
Gwyn Williams	75-79	Short	1 Hour Freestyle	2925m
Kate Elliott	70-74	Short	800m Backstroke	21.25.46
		Short	100m Butterfly	2.46.54
Maggie Read	65-69	Short	800m Individual Medley	19.10.38
Lesley Hart	55-59	Short	800m Breaststroke	17.42.47
Tom Love	30-34	Long	800m Breaststroke	14.29.86

ENDURANCE 1000 PROGRESS

AS AT 30TH JUNE 2021

Female Points **2782**

Male Points **2299**

Total Points **5081**

Total Points for 2020 **3995**



There are a few important events coming up so mark your diary so you don't double book and miss out!!

DIARY DATES:

MONDAY 19th July – MVMS' Olympic Games – Further details to follow.

SATURDAY 31st July – Christmas in July Flyer attached

SATURDAY 21st August – Maida Vale Masters LL 1500m Distance Swim – Darling Range Sports College

MONDAY 23rd August—Handicap Event—all 4 strokes on the one night.

SAT 9th -MON 11th October – Australian Masters Games – HBF Stadium

FRI/SAT ?? October – Visit to the Perth Observatory – Date to be confirmed.

MAIDA VALE MASTERS SWIMMING



PRESENTS

2021 CHRISTMAS IN JULY

WHEN: Saturday 31st July 2021

WHERE: Hillside Bistro (Hillview Golf Course)
350 Kalamunda Road, MAIDA VALE

TIME: 7:00 pm till late

COST: \$35.00/person

THEME: "OLYMPICS"



The Olympic Games being held in Japan from 23rd July to 8th August will be in full swing. So come along dressed in an outfit to represent your chosen sport.



CHRISTMAS BUFFET DINNER:

SOUP

MAINS

DESSERT

TEA AND COFFEE



DRINKS CAN BE PURCHASED AT THE BAR AT OWN EXPENSE

BRING: Present worth \$10.00 for Secret Santa
(Please Note: No chocolates/sweets/biscuits)
Labelled Male/Female/Unisex

RSVP: By Monday 26th July (Final No's must be given Tuesday 27th July)

Book at the pool or email Brian Brady at kathybrady@bigpond.com

PAYMENT MUST BE MADE PRIOR TO THE NIGHT



WE HAVE A NEW BANK ACCOUNT—MAIDA VALE MASTERS

For those members who wish to Transfer money electronically to the club for the payment of cub uniforms, social events etc., please find below details of our bank account. Please record this information for future reference if required.

Bank: Bank of Bendigo, Forrestfield.
Account Name: Maida Vale Masters Swimming (Inc.).
BSB: 633-000
Account Number: 184 043 420



Deposit Reference: Please insert a brief description of what the payment is for and from whom.
This is to enable the Treasurer to identify who the payment is from and what for.

A bit of light relief



Day 2 without sports. Found a lady sitting on my couch. Apparently she's my wife. She seems nice. 😎



Riverton Masters Swimming Club

invites your members to a

LiveLighter Club Challenge Series Meet

long course

on Sunday 18 July 2021

at the **Riverton Leisureplex**, cnr High and Riley Rds, Riverton
(50m indoor heated pool)

Warm-up from 8.15am, meet starts at 9am

EVENTS (note restrictions in dot point 2 below)

- 1a. 200m IM or 1b 200m Freestyle or 1c 200m Backstroke or 1d 200m Breaststroke or 1e 200m Butterfly
- 2a. 100m Freestyle or 2b 100m Backstroke or 2c 100m Breaststroke or 2d 100m Butterfly
3. 50m Backstroke
4. 50m Breaststroke
5. 50m Butterfly
6. 50m Freestyle
7. 4 x 50m Women's Freestyle Relay
8. 4 x 50m Men's Freestyle Relay

The meet is open to all financial Masters Swimmers and will be limited to the first 150 swimmers who nominate.

Nomination/Entry fee: \$10 per swimmer (plus commission)

Swimmers are to enter and pay direct to MySwimResults using this link:

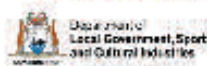
<https://www.myswimresults.com.au/Meet.aspx?MeetID=MAUJ19>

Pool entry fees: Adults \$7; Seniors/Pensioners \$5; payable at pool reception.

- Masters Swimming Australia rules apply.
- Swimmers may participate in up to 3 individual events and an appropriate Relay(s). No more than one 200m and one 100m event.
- All participating clubs are to provide timekeepers and stopwatches for manual timekeeping.
- Members should wait up to five (5) working days after becoming financial before member details will be available for direct swimmer entry
- Club Captains will ask for relay availability on closure of individual entries
- Please join us for refreshments after the meet (included in the cost)

Meet Coordinator: Damien Eyre **Email:** damieneyre73@gmail.com **Mobile:** 0418 221 320

Entries close: Wednesday 14 July 2020 (late entries will not be not accepted).



Club Uniform

Club bathers and club shirts are available. AND WE ARE HAVING A SALE!!
The price of the ladies bathers and the men's long leg jammers have been reduced.

Ladies' Long Leg \$82.00 now \$75.00 Sizes 8 > 18 Ladies' Regular \$72.00 now \$65.00 Sizes 8 > 20

Men's Jammers (Long Leg) \$52.00 now \$45.00 – Sizes 14 > 26

Silicon Caps \$10.00

Regular Caps

\$ 5.00

To purchase bathers, EFT the money into the club's bank account or pay cash on Monday night at the pool. Then contact **NORMA** and she will arrange to bring them to the pool BUT you MUST pay for them first. New Club Shirts. The shirts cost \$35.00 and are being subsidized by \$5.00 from their actual cost of \$40.00. Make yourself proud to be a MVMS member.

Pay by EFT or cash on Monday night. Bank details in Dolphin Dots.

There are also a few club vests available, 1 x XL; 2 x L and 3 M, see Norma for details. A very useful item of clothing when it is cold!!

Masters Swimming WA Website—well worth a visit. Click [here](#)

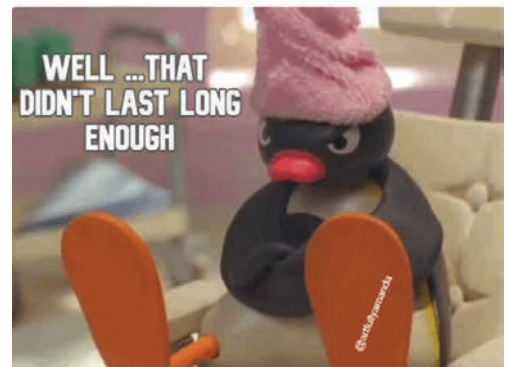
Don't forget to check out our Facebook web page with photos and videos.

Just click on the [link](#).



Which
one are
you?

*Introverts when the
Lockdown is over ...



Contact details

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