

PRESIDENT'S PROSE – NOVEMBER , 2021

I know you will all agree that the club has reached another level of success following the amazing Lake swim on the 14th November. Not only did we have a record number of swimmers registered – 332 – but those swimmers who took to the water all did so safely and enjoyed a great swim. Although the water temperature this year was a pleasant 20c, we actually had a few competitors leave the water and head to the St. John's tent for hypothermic blankets and some TLC. At least we got some value out of their presence this year! The last time they were needed was when “an elderly gentleman” (aka Russel) took a fall and needed copious amounts of bandaging by a bored crew!

I say the same every year but we really did conduct a brilliant event and to see so many club members pitch in and set up the area then pack it down expertly after the swim was terrific. We did have a couple of hiccups with the installation of the new finishing line. We were only presented with the new blow-up arch on the morning after the starting chute had been expertly set up by David Pether's crew. The positioning of the marker buoys over the lake by Tom was disrupted by the morning's 80+kph easterly winds which played havoc with buoys, sending them waltzing gaily across the water. They were hauled back and repositioned with the use of an old metal sink to add weight to one of the anchors! We literally threw the kitchen sink into the lake!

Brian and Kathy's raffle hit a great new level with over \$820 being raised from prizes generously donated by club members.

Another amazing raffle put together by Brian and Kathy Brady



Andrea O'Reilly and Richard Mazzucchelli who both were closest to their nominated time in their age groups



Andrea O'Reilly competed in her first open water swim and managed to win her Age Group prize – might be time to retire whilst on top!! Richard Mazzucchelli also took out his Age Group prize. Congratulations to Ceinwen who finished first female in the 3.2km event and fourth overall.

It was great to hand over the equipment trailer to the Freo Fins and I look forward to that swim on the 11th December without having to lift a finger!

As we are actually a swimming club we decided to book a visit from MSWA Coach, Kareena Preston during the month. Kareena took an enthusiastic group through several drills and exercises and shared some swimming tips. We have booked another visit from Kareena on Tuesday 14th December and would really appreciate your attendance on the night.

Club training and coaching sessions continued with Lee taking a group through some exercises to prepare them for open water swimming events – with the Lake swim looming. The concept was to try to handle competing amongst large groups of people and tackling swimming around imaginary marker buoys. The drafting skills we put into place didn't work for me in the Lake and I attempted to latch onto one of the 3.2km competitors. I was on his hip for about 10 seconds!

Gwyn has not been able to participate in any coaching sessions this month due to having shoulder surgery but he is keen to start up again in the New Year. He is out of swimming until at least the end of December and is understandably frustrated!

The second terrific event on the club calendar for November was the MSA Ocean Ride and we had 12 volunteers travel up to Whitford's Node quite early on a lovely Sunday morning to help with the medal presentations and handing out fruit and hydration. We think this was our fifth year of volunteering. There were around 2,500 competitors riding over 7 distances (the longest being 140kms) and the morning was a great fundraising event. Unfortunately, Marilyn and Graeme's son Jason wasn't able to compete this year due to Covid lockdown in Victoria. We all enjoyed a fun lunch at the finishing line waiting to greet the tail-enders. Thank you again to all my enthusiastic friends for helping out again.



Some of you have already visited the Kalamunda Pool since it opened on 22nd November and enjoyed the crisp and invigorating water. The progress of my petition is that I will be presenting it to a Council Meeting in February, when the results of the On-Line Survey should be known. I don't have the details as yet but it would be great if we could get as many members to attend the meeting as possible as a show of support. You will only have to sit in the visitors' gallery for about 45 minutes and I hope it will make an impact on the Councillors. More details to follow!

The Village Pizza evening was again well attended with birthday dessert pizzas provided by Gwyn, Chris Bagshaw and Maggie. The food, of course, was delicious as usual. It was lovely to see Brenda Mazzucchelli with her daughter, Jessica, and granddaughter, Hazel. Brenda is making a slow but steady recovery from her injured leg. Whilst Jill McClelland is still struggling with her injured leg and has not had a swim for several months, she continues to pop in to the pool and keep in touch.

We have had a few new swimmers join us in the pool over the past couple of months and we really hope they decide to join our ranks now the Registrations are open for 2022.

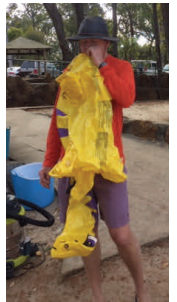
I'm looking forward to our upcoming festive season and the party at Sandra and Jess's home, the Sausage Sizzle on Monday 20th December at the home of Chris Bagshaw.

We're off to Rottnest to compete in the Swim Thru next weekend. This will be my 40th event as I first swam just after Ceinwen was born in 1980 and have only missed one swim since then!



FROM THE HILL.....ANDREA.

Maida Vale Masters Lake Leschenaultia OWS 2021



There were a lot of hard working club members and their families on the day.
Thank you to all!!





David and Russel showing us how to deflate a buoy!

Just a few timing watches to hand out! Over 300

MSWA Bike Ride



Best dressed volunteers?

Best dressed cyclists on the day. They had both ridden 140 kms



CLUB NIGHT PROGRAM FOR DECEMBER 2021

6TH DECEMBER	25 FLY	STUBBY STAKES	100 FREESTYLE
13TH DECEMBER	FUN RELAYS		
20TH DECEMBER	SAUSAGE SIZZLE—NO SWIMMING		

NOVEMBER STUBBY STAKES WINNER

Norma Jack won Stubby Stakes for November with an impressive 25 metres freestyle. Norma's 2nd win in 2021. It must be some kind of record that of the 11 Stubby Stakes events held so far this year, there have only been 7 winners, with 4 members winning it twice.

Come down to the pool on Monday 6th December for your last chance in 2021 to win the bottle of wine selected for you by Russel and swim closest to your nominated time for 25 metres butterfly.

Stubby Stakes night is a great chance to catch up with other members and test your skills of estimation.

Please bring a plate to share.



HAPPY BIRTHDAY IN DECEMBER TO

MARILYN POTTER 2ND; BRONWEN CHARLESSON 17TH;

ELAINE BOURNE 23RD (70) AND JANE PLATT;

MARTIN BYRNE 27TH (70) AND NICK BAXTER 29TH

Moon in Sagittarius

- energetic
- optimistic
- good sense of humor
- honest
- freedom-loving
- adventurous
- carefree
- open-minded
- go-getter
- friendly

ORGANISED
Persistent Practical
 Realistic *Worldy*
Busy Thoughtful
Capricorn
Wise Humorous
 Mature *Reliable*
 Ambitious Calculating
METHODICAL

THE RECORD BREAKERS

This [link](#) will take you to the Results and Records on the Maida Vale Masters website where you can find all club records and results. Check the link to see whose records you could break in 2021.

Challenge yourself! You could be in a new age group this year—there's always a good chance of achieving a club record when you move into a new age group!!

Club Records November 2021

Name	Age Group	Course	Event	Time
Norma Jack	85—90	Short	25m Freestyle	28.53
Ian Stewart	85—89	Short	25m Butterfly	33.41 *
		Short	50m Butterfly	1.20.55
Marilyn Potter	75—79	Short	1/2 hour Backstroke	1,000 m
Kate Elliott	70—74	Short	45 min Backstroke	1625 m
Lee Caldwell	65—69	Short	400m Butterfly	12.30.52
Brian Brady	65—69	Short	800m Individual Medley	24.47.78
Lesley Hart	55—59	Short	400m Butterfly	8.51.44

* Denotes State Record

ENDURANCE 1000 PROGRESS

AS AT 30TH NOVEMBER

Female Points **4245**
Male Points **2710**
Total Points **6955**

Total Points for 2020 **3995**



There are a few important events coming up so mark your diary so you don't double book and miss out!!

DIARY DATES:

Saturday 11th December— Club Christmas Party hosted by Sandra and Jess

Monday 20th December— Christmas sausage sizzle at the home of Chris Bagshaw.



MAIDA VALE MASTERS

PRESENTS

2021 CHRISTMAS PARTY



THEME:



"It's that time of the year to put on your Christmas cheer"



WHEN: Saturday 11th December 2021

TIME: 6:30pm > 7:00p.m. until late

WHERE: The Home of Sandra & Jess
17 Graelou Road, LESMURDIE

(Note: Please park courteously along the road side. Please do not drive down the driveway as there is limited parking and it is reserved for Garry and Marilyn.)



BYO: Crockery, cutlery, glasses and chairs

Please bring a plate being Savoury or Sweet to share on the table

DRINKS WILL BE PROVIDED

Also, bring a gift valued at \$10.00 for Secret Santa
(Please Note: No chocolates/confectionary/biscuits)

Marked Male, Female or Unisex depending on the gift



Come along and join your fellow Club Members for a great night out, together with the presentation of Club Awards, Certificates and "Flippers"

Club Uniform

Club bathers and club shirts are available. AND WE ARE HAVING A SALE!!
The price of the ladies bathers and the men's long leg jammers have been reduced.

Ladies' Long Leg \$82.00 now \$75.00 Sizes 8 > 18 Ladies' Regular \$72.00 now \$65.00 Sizes 8 > 20
Men's Jammers (Long Leg) \$52.00 now \$45.00 – Sizes 14 > 26
Silicon Caps \$10.00 Regular Caps \$ 5.00

To purchase bathers, EFT the money into the club's bank account or pay cash on Monday night at the pool. Then contact **NORMA** and she will arrange to bring them to the pool BUT you MUST pay for them first. New Club Shirts. The shirts cost \$35.00 and are being subsidized by \$5.00 from their actual cost of \$40.00. Make yourself proud to be a MVMS member.

Pay by EFT or cash on Monday night. Bank details in Dolphin Dots.

There are also a few club vests available, 1 x XL; 2 x L and 3 M, see Norma for details. A very useful item of clothing when it is cold!!

Masters Swimming WA Website—well worth a visit. Click [here](#)

Don't forget to check out our Facebook web page with photos and videos.

Just click on the [link](#).



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