

PRESIDENT'S PROSE DECEMBER AND JANUARY 2020

Welcome to a new decade of swimming. May all your goals be reached and may you enjoy yourselves in the process. We've all had a very busy festive season hence no newsletter for December so there is a lot of news to catch up on.

In the last newsletter covering the month of November I reported on the results of our terrific Lake Swim. Since then there have been several open water events and one or more of our squad has represented the club admirably.

The Rottnest Swim Thru in early December was an interesting event with a sudden torrential downpour an hour before the start time which disappeared as quickly as it had arrived but left slightly rough conditions for us to plough through. Garry, Greg, Gwyn, Ceinwen and I swam for Maida Vale with Barbara Lymn, Barbara van der Leest and Jennifer supporting us on the beach.

The Fremantle swim was the next in the WOW series and - although our swimmers recorded some great times as the conditions were perfect - the winner on the day was Maggie. She took home one of the three raffle prizes on offer which consisted of a 4 kg ham and a huge hamper. Two people were needed to carry it to the car. Some members may remember Brian and Heather Hunt who were in the club many years ago. They have moved to Fremantle and are now training at the Fremantle pool.

The club Christmas party was held that evening and was a wonderful event. Thanks to Brenda and Richard Mazzucchelli for allowing us to hold the party in their lovely garden overlooking the city lights. Following the festive theme of Christmas Glitter and Sparkles, everyone dressed appropriately which added to the atmosphere.



Brian Brady, Club Person 2019

Flippers and swimming awards were handed out, followed by the presentation for the Endurance Award which was taken out by Brian Brady after months of long distance swims. Congratulations also to Brian who was presented with the Club Person of The Year trophy – an award he truly deserved. Stuart Anderson was awarded The Swimmer of The Year trophy as 2019 was an amazing year of personal swimming achievements for him. A successful Solo swim to Rottnest, top points in his age group in open water swimming, both Masters and Swimming WA. First in his age group at Nationals in Adelaide winning 11 medals and top in his age group at State Championships here in Perth. Swimming WA OWS 2nd overall in his age group. As President, I awarded two swimmers with "Thank You" trophies for their amazing ongoing assistance and support of club activities. Sandra Thompson and Russel Fowler have been constant stalwarts of our club for many years and I do appreciate their help. The Handicap Awards were presented by Lesley to Kate, Bronwen, Greg and Marilyn, who all received very nice micro-fiber towels.



Thank you from the President
Russel Fowler and Sandra Thompson



Brian Brady,
Endurance Swimmer 2019



Stuart Anderson
Swimmer of 2019

Lesley decided we should have fun relays on the final Monday Club night so organised some hilarious relay events – the main challenge of the evening appeared to be how many ways we could cheat in the races and we were up to the task!

The traditional sausage sizzle to end the swimming year was held at Sandra and Jess's lovely home in Lesmurdie. A perfect venue on a balmy - albeit smokey - night. Thank you to Brian and Kathy Brady who donated the sausages, bread and onions,

plus Brian also spent the night cooking them to perfection. For those who remember Paula and Terry Hewitt it was great to have them as guests on the night. Much bantering and friendly comments were made about the Hervey Bay Humpbacks and our Winter Solstice Challenge which Terry co-ordinates.

The final small gathering of the year was at the Bilgoman Pool in Darlington on quite a cool evening. Brian Risbey invited swimmers back to his home for celebratory coffee and ginger bread biscuits. I believe both were delicious and I am sorry I missed out.

New member Peggy Mews - in her role as coordinator of the Hills Sharing and Jill McClelland as one of her amazing volunteers - were flat out in the weeks leading up to Christmas supervising hundreds of helpers to sort, pack and distribute care packages to deserving families. This is a wonderful community project and highlights one of the true meanings of the Christmas spirit.

The new decade began happily with Lesley who was the Mother of the Bride to Rachel in a beautiful ceremony in Busselton and, on the following weekend, Marilyn was the Mother of the Groom to Jason in another lovely ceremony by the water in Perth. Both ladies looked gorgeous in their lovely outfits and William and Graeme were also suitably spruced up. Still on family matters, Greg and Jennifer Bourne announced that they were having a baby girl - due in June.

In January we welcomed back Lee Caldwell, who, with husband John, was a member of our club in the 1980's. Lee and John attended our 40th Birthday which made Lee realise what she was missing out on. We also saw an end of an era with Claire Ware transferring clubs to join Kalamunda Guildford, however, she will remain with our club as a Second Claim member. Claire was one of our great coaches for many years and husband Alan was our Treasurer and Webmaster.

With Christmas indulgences and New Year/New Decade extravagances to deal with, many swimmers started back in the pool on the first Stubby Stakes night of the year. Stuart managed to take home the bottle of wine.

The Cottesloe Classic Mile was another great swim with a good representation from our club followed by the All Day \$10 Breakfast at the OBH. Maggie continued her winning streak, gaining a prize for finishing first in her age group.

After listening to all the harrowing stories of the bushfires around Australia, Club member Ceinwen Roberts felt there was something she could do to raise some much needed money for The Red Cross. Luckily she has some terrific connections and supporters, and it only took her four days to organise an army of helpers to run a "Fire Swim" at City Beach, posting a possible target of \$500. With no idea how many people might turn up, we ordered 120 sausages and buns and cut up 6kgs of onions. On the Sunday morning of the swim, people (including Garry, Barbara, Greg, Jennifer, Maggie, Elaine, Gwyn, me and Helen Wilson) just kept arriving and donating. More supplies were quickly sourced as over 400 people took to the water to swim a very casual 1,2 or 3 km distance up the beach. The final fundraising tally was over \$36,000. The swimming community of Perth is truly amazing!

Maggie, Stuart and I ignored the reports of toxic water in the Swan River and chose to swim in the Swim Thru Perth which is another WOW swim run by Claremont Masters. The strong easterly wind played havoc with the marker buoys but proved a small bonus to Stuart and me in the longer swim under the Narrows Bridge. I must say the massive brown jellyfish and the smaller white stinging jellies were a challenge but no-one suffered any major problems. The course directions were vague and Maggie was sent around the wrong buoys, lengthening her swim considerably from a 1.6 to a 3.2km. Once again she finished first and won yet another raffle prize.

January sped on and Australia Day was upon us. Another group of swimmers travelled down to Mandurah for a WOW swim of either 1 or 2 kms. It was a very well conducted event and Stuart finished Closest to his Nominated Time with a one second difference. No wonder he wins the Stubby Stakes!

Our pizza night which ended the month was particularly popular with everyone catching up after Christmas and holidays. Good luck to those competing in the Busselton Jetty swim in February – in particular, Garry Lymn!

FROM THE HILL.....ANDREA.



'Fire' swimmers!



Ceinwen organizing the swimmers for the 'Fire Swim'



Handicap winners 2019 Kate Elliott, Greg Bourne, Marilyn Potter, missing Bronwen

CLUB NIGHT PROGRAM FOR FEBRUARY 2020			
3RD FEBRUARY	50 BREAST	STUBBY STAKES	100 I MEDLEY
10TH FEBRUARY	200 FREE		50 FLY
17TH FEBRUARY	ANNUAL GENERAL MEETING NO SWIMMING		
24TH FEBRUARY	200 I MEDLEY		25 FREE
2ND MARCH	LABOUR DAY—NO SWIMMING		
9TH MARCH	50 BACK	STUBBY STAKES	100 BREAST

DECEMBER STUBBY STAKES CONGRATULATIONS TO BRIAN BRADY
JANUARY STUBBY STAKES CONGRATULATIONS TO STUART ANDERSON

Who swam closest to their nominated time for December and January Stubby Stakes. Two who managed to take out more than one stubby stakes in 2019. Stuart has started off his 2020 Stubby stakes in fine form!!

Our next Stubby Stakes will be held on Monday 3rd February. Maybe someone who has never managed to win a stubby stakes will have some luck! Come down to the pool on Monday, swim closest to your nominated time for the stubby stakes event and win the bottle of wine selected for you by Russel Fowler. Please bring a plate of food to share.



Brian Brady December



Stuart Anderson January

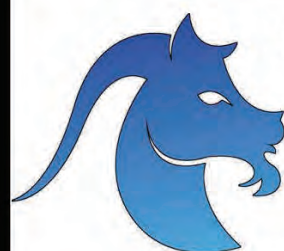
Monday Stubby Stakes night is a night to catch up with other club members and to check out how well you know your swimming time.

A BELATED HAPPY BIRTHDAY IN JANUARY TO

**Barbara Van der Leest 1st; Norma Jack 9th; Paul Waters 12th;
 Greg Bourne 14th; Ian Stewart 19th; Jamie Bounsell and Sue Griffin 21st;
 Andrea Williams 29th.**

HAPPY BIRTHDAY IN FEBRUARY TO

Claire Dunstan 4th; Richard Blyth 11th; Stuart Anderson 21st



**CAPRICORN
 Traits:**

- 1: Realistic and thoughtful,
- 2: Have a golden heart,
- 3: Make great friends,
- 4: Born to lead,
- 5: Protective,
- 6: Patient.



Aquarius Core Traits:

- Creative and unique.
- Independent thinker.
- Sometimes tactless.
- Loyal and idealistic.
- Extremely rational.
- Naturally friendly.



CONVENING NOTICE – 2020 AGM

This is to advise that the Annual General Meeting of
Maida Vale Masters Swimming Inc
will be held on

Monday, 17th February 2020

Venue Host: Kathy & Brian Brady
Address: 4 Worrell Ave, High Wycombe
Time: 7.00pm Sharp

Agenda items can be emailed to:

Duncan1320@bigpond.com

Please note: There will be NO Swimming on this evening
Please bring a plate of supper
BYO Chair (just in case)
Drinks available for sale at club prices

A VERY SMALL NUMBER OF THE DRAFT CONSTITUTION, DRAFT BY-LAWS & THE MINUTES
WILL BE AVAILABLE ON THE EVENING FOR THOSE MEMBERS ONLY WHO ARE UNABLE TO
RECEIVE THE DOCUMENTS VIA EMAIL

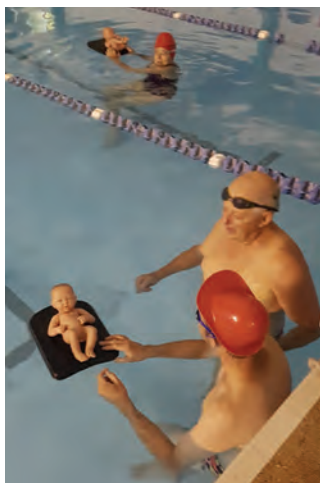
PLEASE PRINT YOUR OWN COPIES AND BRING TO THE MEETING WITH YOU

FEES FOR 2020 ARE NOW DUE

Total Membership fee is **\$120.00**
Payment via Masters Swimming WA – Member Portal

Please Note:

- ❖ Members who are not financial at the time of the AGM are ineligible to vote at the AGM



Baby relay. We know how to have fun!!





This [link](#) will take you to the Results and Records on the Maida Vale Masters website where you can find all club records and results. Check the link to see whose records you could break in 2020.

Challenge yourself! You could be in a new age group this year—there's always a good chance at getting a club record when you get into a new age group!!

Club Records December 2019

Name	Age Group	Course	Event	Time
Andrea Williams	70-74	Short	100 m Freestyle	1.38.71
Lesley Hart	55-59	Short	200 m Individual Medley	3.31.10

Club Records January 2020

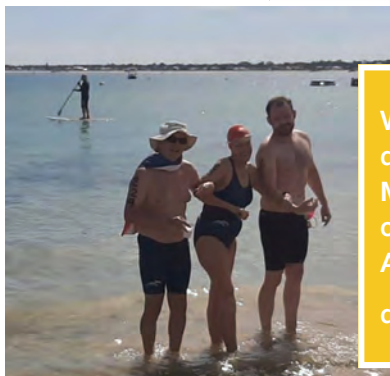
Name	Age Group	Course	Event	Time
Brian Brady	65-69	Short	1 Hour backstroke	2095 metres



Stuart Anderson
Finished closest to his nominated time at the Mandurah Australia Day Swim



Australia Day Swimmers at Mandurah 2020



Well done to Marilyn on Australia day

We are a sharing caring club!

VALE: CHERYL MCKAY (GOMERS). We have just heard the very sad news of the passing of Cheryl who was a terrific friend and club member for many years before moving to Melville and joining the Melville Masters. Marilyn received a message from Cheryl's daughter to let her know that Cheryl passed away yesterday from an incurable blood cancer. Cheryl had been in a hospice in Melville for two weeks and was surrounded by her family when she died peacefully.

For those who remember Cheryl, you will know she was a happy, cheerful lady with a wicked sense of humour and was a great club member. I can remember so many swimming events and socials we shared together over the years and Cheryl will be sadly missed by all who had the pleasure of knowing her. The funeral will be held at Bowra and O'Day in Bicton next Wednesday afternoon.



See the attached flyer for event details. Maida Vale will be aiming to compete at this event as a club and not just individuals – Entry sheets for the event will be available at the pool on Monday or let Brian Risbey know via email of the events you wish to compete in. risbey3@bigpond.com

Note from the editor: I have swum at this venue, which is a lovely outdoor pool, and tried to do the 50 metres butterfly twice. I am aiming to finish it this time!

Entries need to be in with Brian before the 9th February. The meet is limited to only 150 swimmers so get your entries in early!



**Newman Churchlands Masters invites your members to a
2020 LiveLighter Club Challenge Series Meet**

to be held at Newman College Pool, Empire Avenue, Churchlands on

Sunday 16 February 2020

Warm up 8.15am for a 9.00am Start

Venue is an outdoor, long course pool

EVENTS

1. 200 Freestyle
2. 100 Breaststroke
3. 50 Butterfly
4. 50 Freestyle
5. 50 Backstroke
6. 100 Butterfly
7. 4 X 50 Women's Freestyle Relay
8. 4 X 50 Men's Freestyle Relay

- The meet is open to all Masters Swimmers. The meet will be limited to the first 150 swimmers to nominate.
- Masters Swimming Australia swim rules apply to this meet.
- Swimmers may participate in 3 individual events and in the appropriate Relay.
- Can all participating clubs please provide timekeepers on the day. Stopwatches will be provided.
- Cost of entry to pool is \$10 payable on the day. A free sausage sizzle will be provided afterwards. Free tea and coffee will be provided during the day.

Please process entries via Team Manager and email to

frankmaloney@optusnet.com.au

Please ensure that all participants are financial prior to putting in their entry.

If there are any problems, please ring **Frank Maloney on 0402 786 011**

Entries close – 9 February 2020



Department of
Local Government, Sport
and Cultural Industries



For all those keen Monday night swimmers—
 here are is the Monday Night Program for 2020
 Some times it may change, but you will be given a heads up if there is a change!

2020 MONDAY NIGHT PROGRAM

	RACE 1	RACE 2
6-Jan	50 FREE	100 BRST
13-Jan	100 FREE	25 BACK
20-Jan	COMMITTEE MEETING -TRAINING ONLY	
27-Jan	AUSTRALIA DAY - NO SWIMMING	
3-Feb	50 BRST	100 IM
10-Feb	200 FREE	50 FLY
17-Feb	ANNUAL GENERAL MEETING - NO SWIMMING	
24-Feb	200 IM	25 FREE
2-Mar	LABOUR DAY - NO SWIMMING	
9-Mar	50 BACK	100 BRST
16-Mar	COMMITTEE MEETING -TRAINING ONLY	
23-Mar	100 FLY	25 BACK
30-Mar	200 BRST	50 FREE
6-Apr	50 FREE	100 BACK
13-Apr	EASTER - NO SWIMMING	
20-Apr	COMMITTEE MEETING -TRAINING ONLY	
27-Apr	ANZAC DAY - NO SWIMMING	
4-May	50 BRST	200 FLY
11-May	100 BACK	50 FREE
18-May	COMMITTEE MEETING -TRAINING ONLY	
25-May	100 BRST	50 BACK
1-Jun	WA DAY - NO SWIMMING	
8-Jun	50 FREE	100 IM
15-Jun	100 BRST	100 FREE
22-Jun	WINTER SOLSTICE	
29-Jun	100 BACK	25 FREE
6-Jul	50 BACK	100 FLY
13-Jul	200 IM	25 BRST
20-Jul	COMMITTEE MEETING -TRAINING ONLY	
27-Jul	100 FREE	50 BRST
3-Aug	50 FLY	100 IM
10-Aug	100 BACK	25 FLY
17-Aug	COMMITTEE MEETING -TRAINING ONLY	
24-Aug	HANDICAP - 4X50M	
31-Aug	100 IM	50 FLY
7-Sep	25 BACK	100 BRST
14-Sep	200 FREE	50 BACK
21-Sep	COMMITTEE MEETING -TRAINING ONLY	
28-Sep	QUEENS BIRTHDAY - NO SWIMMING	
5-Oct	50 FREE	100 BACK
12-Oct	200 BACK	25 BRST
19-Oct	COMMITTEE MEETING -TRAINING ONLY	
26-Oct	100 FREE	25 BACK
2-Nov	25 FREE	50 FLY
9-Nov	200 BRST	25 FREE
16-Nov	COMMITTEE MEETING -TRAINING ONLY	
23-Nov	200 FREE	25 FLY
30-Nov	200 IM	50 BRST
7-Dec	50 BACK	100 FREE
14-Dec	FUN RELAYS	
21-Dec	SAUSAGE SIZZLE - NO SWIMMING	

A lot happened over the past two months. Here are some photos from events our members attended!



Enjoying a sausage at the home of Sandra T and Jess O before Christmas. Thanks to Kathy and Brian for supplying the goods and then cooking them!!



Maggie happy with her ham!



Still smiling after their Swim Thru the stinger and jelly fish infested Swan River.



Sister of the Groom and MOG
(mother of the groom)



MOB and Beau



Open Water Swimmers.



The ladies from MS bringing us gifts for our volunteer work at the MS Bike Ride.

Club Uniform

Club bathers and club shirts are available. AND WE ARE HAVING A SALE!! The price of the ladies bathers and the mens long leg jammers have been reduced.

Ladies' Long Leg \$82.00 now \$75.00 Sizes 8 > 18 Ladies' Regular \$72.00 now \$65.00 Sizes 8 > 20
Men's Jammers (Long Leg) \$52.00 now \$45.00 – Sizes 14 > 26
Silicon Caps \$10.00 Regular Caps \$ 5.00

To purchase bathers, EFT the money into the club's bank account or pay cash on Monday night at the pool. Then contact **NORMA** and she will arrange to bring them to the pool BUT you MUST pay for them first. New Club Shirts. The shirts cost \$35.00 and are being subsidized by \$5.00 from their actual cost of \$40.00. Make yourself proud to be a MVMS member.

Pay by EFT or cash on Monday night. Bank details in Dolphin Dots
There are also a few club vests available, 1 x XL; 2 x L and 3 M, see Norma for details. Very useful item of clothing when it is cold!!



Masters Swimming WA Website—well worth a visit. Click [here](#)
Don't forget to check out our Facebook web page with photos and videos.
Just click on the [link](#).



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