

PRESIDENTS'S PROSE: MARCH – 2020.

Hello to all my great friends from self-isolation in the hills. (Not all bad)! Something as “unprecedented” (that’s 1 buzz word!) as this makes me realise how much you all mean to me and – whilst I have never taken anyone for granted – how much I miss your cheerful company. It’s hard to imagine this is happening as the days still present with beautiful autumn weather – cool enough for us all to attack the gardens. At the very least I expect dark clouds and swirling grey mists to match the gloom of the morning news! I think I have watched too many B Grade movies. Do you remember Orson Wells’ “War of The Worlds”? A flu virus killed the Aliens in that! Maybe we are all Aliens on Earth! (OK. I’m going stir crazy)

The absolute high point of the month was the Coogee Jetty to Jetty swim and we had a terrific number of members competing and supporting. The weather was stunning and the water millpond calm. It was International Women’s Day so the ladies of the club turned out in force. Marilyn, Lesley, Maggie, Jennifer, Kim, Jenni, Caroline, Kate, Helen Wilson, Claire Ware and me. Barbara Lymn went along with Garry as “keeper of the leg” and to enjoy the breakfast.

The boys’ brigade was Garry, Gwyn, Greg and Stuart with William accompanying Lesley and Graeme supporting Marilyn. Whilst we all walked the 1.5km up the beach, Garry and Marilyn enjoyed a buggy ride to the start line. Astrid Wilson competed in the children’s 250mtr swim and Holly swam the whole course with her mum.

Stuart gained a spot prize and another prize for finishing closest to his nominated time (only 4/100ths of a second out). He had managed the same result the week before in the Bunbury swim!





Maida Vale Masters club members who swam in the Jetty to Jetty 3 years ago.



Maida Vale Masters club members who swam the Jetty to Jetty EIGHT years ago

In the words of that Clown Fish Nemo —Just Keep Swimming –

If only we could!!

Before we decided to call a halt to club activities on Sunday, March 22nd, we had been swimming both in Maida Vale pool and Darling Range pool and worked on the basis that the chlorine level would keep us safe from anything barring a nuclear apocalypse. A smaller than normal group gathered for the Stubby Stakes at the start of the month as some members had already begun to self-isolate. The Endurance 1000 swims continued every Saturday until the 21st when we shared our last afternoon tea for the foreseeable future.

As the pools around the State began to shut down the possibility to carry on training ceased and all competitions, including the State Swim in Mandurah were cancelled. We were fortunate in that the majority of the open water swims had finished for the season but that left the Port to Pub in limbo and a very tough decision had to be made whether to cancel or attempt to run the event. The registration night had been a terrific evening with a very positive vibe from all the contestants. Thank you to Lesley and Maggie who helped out, along with Lynne, Andrew, Gwyn and me.

Logistically it appeared that the actual swim could have been achieved with staggered starts, but landing on the island was out of the question in such numbers – (a “petri” bowl of possible infection!) The Emergency Services required for such an event also had to be considered and eventually the only choice was to cancel the event. After a year of planning and only 6 days to go before the swim, it was a massive decision for Ceinwen and her fellow organizers to make. The following day the government implemented a \$50,000 fine for such gatherings as the virus was spreading “exponentially” - (another buzz word!) Bring on 2021!!

To add to the disappointment of that cancellation, Ceinwen and her swimming partner, Dean, had also spent several months training and planning the logistics of a “Rotto Quad” – a four-way crossing – 80 kms in around 26 hours – which would have commenced in early April. The support crew included oceanographic specialists who would set the perfect time for the attempt, a group of health analysts from Curtin University who would monitor blood levels and physical well-being during the event, a shark specialist – just in case – plus a huge number of volunteers on several boats.

That attempt is now on hold as, apart from other things, the Island now has an exclusion zone around it so, no landing for the permitted 10 minutes, and tumble turns would not have worked! P.S. I can think there are worse places to be quarantined other than Rottnest, with three meals a day provided and you just have to stay on your balcony, and they can have booze delivered from the General Store!

I feel so sorry for all of you who had lovely holidays booked, both in Australia and overseas, over Easter, during the school holidays and for the next few months and I hope you can all resume your plans when the Covid-19 Virus (there, I said it) leaves our world in peace.

I am really sorry for Sandra Thompson who has been training for months to walk the length of the Bibbulmun Track from Albany to Kalamunda – a distance of 1,003 kms which traditionally takes around 8 weeks to complete. Sandra has decided to cancel her plans due to the current situation and the logistics of obtaining supplies on the way. Sandra was fundraising for the Multiple Myeloma Foundation and this was a personal goal she has been considering for quite some time. I imagine the challenge will now be postponed to later in the year and the added advantage of that walk will be the beautiful wildflowers along the way – and possibly a ready supply of loo paper instead of gum leaves! The Bibbulmun Track has now been closed.

(PS Some of you may remember that Russel Fowler completed that track with a group of equally insane Prison Officers who ran the distance in 16 days back in 2005 when he was young and silly. No time to stop and smell the wildflowers!)

Last Wednesday would have been pizza night so Gwyn and I rang our order through and Uber Kalamunda (Bronwen and I) delivered Hard Core Prawns to Barbara Hart and Parma Sutra to Lynne and Andrew. I know Kathy and Brian have also been supporting Brett at Village Pizza. It was a strange sensation not sharing and we controlled ourselves and didn't order A Lovely Pear!

My thoughts are with Paul Waters who is living and working in Peru with partner Lisa. Whilst he is enjoying the most amazing experience over there it must be hard not to be close to family. Take lots of care!

On behalf of us all I would also like to send best wishes to our nurses and hospital staff in the club – Caroline Dyer, Jamie Dyer, Helen Wilson, Sue Griffin and Jennifer Bourne who are on the front line and in constant danger. At least they are young and would get treatment if they presented with the virus. I am irked by the thought that being over a certain age would preclude a lot of us from possible treatment! But we are fit and in good health thanks to swimming.

Although schools are closed to students teachers still have to attend until the end of the school term, 9th April. Thoughts go out to Lesley, Brian, Tori, Alison, Jenny and Kim who will all be hanging out for that date!!

William had his surgery, just snuck in by a few hours before the elective surgery cancellations and is doing well. Elaine can't get her other hip replaced and Lynne has to put up with her bung knee for another year!

Whilst Brian and Kathy had made several enquiries about a venue for Christmas in winter, it is now unlikely that we will still be able to celebrate. If the restrictions clear we may have to plan an impromptu gathering and there will be many stories of social isolating to recount. A planned picnic to Penguin Island is no longer a possibility. Will our youngsters, Norma and John, still share their nuptials with 5 people??

Will the latest member of the Bourne family arrive whilst we are still in isolation? That's something that can't be put on hold! Good luck Jennifer and Greg and we expect lots of photos.

Some of you may know that Dianne and Stephen Cockman sold their house in Gooseberry Hill late last year and set off around Australia in their caravan, managing to keep just in front of all the terrible bush fires. They have just returned to W.A. via the south west and are now encamped at beautiful Peppermint Beach near Dunsborough for the length of the isolation period. They have bought a block of land down that way and intend building their future home eventually.

Congratulations to Marilyn Potter who is celebrating 50 years of marriage to Graeme on the 4th April.

Keep safe everyone, keep sharing funny texts, memes and Facebook stories and keep exercising!!



FROM THE BEAUTIFUL, SOLITARY HILLS.....ANDREA.



CLUB NIGHT PROGRAM FOR APRIL 2020			
6TH APRIL	50 FREE	STUBBY STAKES	100 BACK
13TH APRIL	EASTER		
20TH APRIL	COMMITTEE MEETING		
27TH APRIL	ANZAC DAY		

MARCH STUBBY STAKES

CONGRATULATIONS TO CAROLINE DYER

Who swam closest to her nominated time for March Stubby Stakes, 50 backstroke.. Caroline does quite well at Stubby Stake, she says her formula is to just put down the time Lesley has on the sheet.

We have no idea when our next Stubby Stakes will be.

Hoping that it will not be too far in the distance that Maida Vale Pool will be opened again for swimming!! In the meantime, if you go alone, the sea is still there!



HAPPY BIRTHDAY IN APRIL TO

Jamie 2nd; Jess 11th;

Jenny 13th, Sandra 19th

And last but not lease Scott on the 21st

Characteristics OF AN Aries

- FEARLESS
- BORN TO LEAD
- CONFIDENT
- EXTROVERTED
- STANDS UP FOR THEIR BELIEFS
- COMPETITIVE



TAURUS
APRIL 20TH TO MAY 20TH

PATIENT
WARM HEARTED AND LOVING
RELIABLE
SECURITY LOVING
PERSISTENT AND DETERMINED
EASY-GOING



This [link](#) will take you to the Results and Records on the Maida Vale Masters website where you can find all club records and results. Check the link to see whose records you could break in 2020.

Challenge yourself ! You could be in a new age group this year— there's always a good chance at getting a club record when you get into a new age group!!



Club Records March 2020

Name	Age Group	Course	Event	Time
Richard Mazzucchelli	80-84	Short	50m Backstroke	54.97
Andrea Williams	70-74	Short	25m Freestyle	20.91
		Short	200m Individual Medley	4.45.53
		Short	400m Freestyle	7.50.48
Lee Caldwell	65-69	Short	400m Butterfly	12.57.50
		Short	1 Hour Breaststroke	2400m
Lesley Hart	55-59	Short	400m Individual Medley	7.44.45
		Short	$\frac{3}{4}$ Hour Freestyle	2525m
Stuart Anderson	30-34	Short	1 Hour Freestyle	4100m
		Short	$\frac{3}{4}$ Hour Freestyle	3065m
		Short	1500m Freestyle	21.40.89
		Short	1500m Breaststroke	28.58.98
		Short	400m Butterfly	7.17.38
		Short	400m Breaststroke	7.00.98
		Short	400m Freestyle	5.18.11
		Short	800m Individual Medley	13.13.83





If anyone would like to buy some honey, straight from the hive, Brian Brady has 10 jars at \$8.00 a jar.

If you would like to purchase one, please contact Brian on 0419 843 381 to arrange pick up.

Great honey and may be just what you need in the cupboard with the 'other flu' season about to hit!!

To realise the value of One Month,
Ask a mother who gave birth to a premature baby.

To realise the value of One Week,
Ask the editor of a weekly newspaper.

To realise the value of ONE MINUTE,
Ask a person who just missed the train.

To realise the value of ONE SECOND,
Ask a person who just avoided an accident.

To realise the value of ONE MILLISECOND,
Ask the person who won a silver medal at the Olympics

Treasure every moment that you have.

Yesterday is History

Tomorrow is a Mystery

Today is a gift.

That's why it is called the present!



Club Uniform

Club bathers and club shirts are available. AND WE ARE HAVING A SALE!! The price of the ladies bathers and the mens long leg jammers have been reduced.

Ladies' Long Leg \$82.00 now \$75.00 Sizes 8 > 18 Ladies' Regular \$72.00 now \$65.00 Sizes 8 > 20

Men's Jammers (Long Leg) \$52.00 now \$45.00 – Sizes 14 > 26

Silicon Caps \$10.00

Regular Caps

\$ 5.00

To purchase bathers, EFT the money into the club's bank account or pay cash on Monday night at the pool. Then contact **NORMA** and she will arrange to bring them to the pool BUT you MUST pay for them first. New Club Shirts. The shirts cost \$35.00 and are being subsidized by \$5.00 from their actual cost of \$40.00. Make yourself proud to be a MVMS member.

Pay by EFT or cash on Monday night. Bank details in Dolphin Dots.

There are also a few club vests available, 1 x XL; 2 x L and 3 M, see Norma for details. A very useful item of clothing when it is cold!!

Masters Swimming WA Website—well worth a visit. Click [here](#)

Don't forget to check out our Facebook web page with photos and videos.

Just click on the [link](#).



And now we can't
go
swimming!!!

Go away COVID 19



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